

# FATMA J. A. FAQEYAT

## Personal Information



Palestine - West Bank - Ramallah

Mobile : +972-599-314066 Tel : +972-2-2989673

E-mail : [Fatima.alfaqeeh@ptuk.edu.ps](mailto:Fatima.alfaqeeh@ptuk.edu.ps)

## Education

*(PHD in Exercise physiology, physical education)*

*\* Dissertation Entitled*

*“ The effect of Aerobic Exercise at Various Intensities on Intraocular Pressure (IOP) in PE students.”*

University of Jordan.

Amman, Jordan

June 2018

Excellent /A

*\*Master's Degree in Exercise physiology, Physical Education.*

*Thesis Entitled*

*“ constructing norms of upper and lower limbs strength ,body composition and resting metabolic rate amongst female in Palestinian technical collage in Ramallah “*

Al-Najah University

West Bank, Palestine

September 2013

Very Good / B+

**Bachelor in physical Education.**

Al-quds University

West Bank, Palestine  
November 2009  
Very Good / B+

### **Diploma in Physical Education**

Palestine Technical Colleges (Ramallah) for girls  
West Bank, Palestine  
September 1999  
Good / B

## **PROFESSIONAL EXPERIENCES:**

**2018**

Till now- Assistant Doctor+ Head of physical education department in PTUK branch of Ramallah.

**2017**

University of Jordan / conference /Dead Sea

**2015**

University of Al- Yaromk Jorda / conference/ Irbid/Jordan.

**2007- 2016**

Physical Education teacher & Assistant teacher & Administrative.  
/ Physical Education Department .  
Palestine Technical Colleges (Ramallah) for girls.

**2000 - 2007**

Physical Education teacher / Ministry of Education.

**2013- 2014**

Participant in the Palestinian Federation of Gymnastics.

February , 2014- Till now

Participant in the Palestinian Federation of Athletics.

## **TRAINING COURSES**

October 8-10/ 2018 , Administration Seminar for woman / Cairo /Egypt.

September 9-16, 2014 , **rhythmic gymnastics – level 1 certificate** .  
Federation international de gymnastique , manila , Philippines

May 15-25 ,2013 , **A FC Football (C) Coaching Certificate**  
Palestinian Soccer Federation.

March ,10-15, 2012 **AFC Football Coaching license Course Diploma**  
Palestinian Soccer Federation .

April 29, 2008- May 28, 2008, **SPSS**

Palestine Technical Colleges (Ramallah) for Girls. (40 Training Hours)

Nov. 4 to 11, 2007, **Team work Management**

Palestine Technical Colleges (Ramallah) for Girls. (15 Training Hours)

Nov. 7 to 14, 2007, **Time Management**

Palestine Technical Colleges (Ramallah) for Girls. (20 Training Hours)

Nov. 20, 2007- Dec 11, 2007, **Modern Learning Methods**

Palestine Technical Colleges (Ramallah) for Girls. (40 Training Hours)

June , 29 - 3, July,2005 , **Study in preparing leaders for the prevention of drug abuse and AIDS Virus Infection .**

Arab Scouts Organization & Palestinian Boys Scouts and girl Guides Association

July ,20 - 25,2003, **Applied study in Scouts**

Palestinian Boys Scouts and girl Guides Association .

November , 10- 26 ,2002 , **Preliminary study in Scouts**

Palestinian Boys Scouts and girl Guides Association

### **Personal Qualifications**

- Excellent practitioner able to inspire children with the love of Sport .
- Flexibility and Ability to work under pressure .
- An ability to communicate effectively with children, parents and staff .
- A sense of humor and ability to inspire and lead a team .
- The emotional resilience in working with challenging behaviors

Appropriate attitudes to the use of authority and maintaining discipline

### **Skills**

- Teach                      Expert
- Coaching                Expert
- Using Computer        Expert
- Languages
  - Arabic Language      Mother Tongue
  - English Language     Very Good